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Modern imaging techniques in the medical curriculum

Prof. András Palkó University of Szeged, Hungary

Radiology

diagnostic imaging + therapeutic intervention guided by imaging procedures

OR

the art of interpreting visual information by the use of very complex equipment creating very complex images

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Radiology

Have you ever
wondered what you
look like on the
inside? You can find
out in **Radiology**,
where they have cool
machines that can
take pictures of the
inside of your body.

These pictures are called X-rays, and they help your doctors find out what's going on inside

you. You might have other special picture tests done, like an MRI or a CAT scan. It doesn't hurt when they take these pictures, but some of the machines can be pretty noisy. (Pal was happy to find out that there are no real cats in the CAT scan machine.)

close



DIAGNOSTIC IMAGING

- Purpose: create visible image of morphology and function of the human body
- Image: visual information (visualization in 2 or 3 D, vector, curve, spectrum, etc.)
- To bring about an image:
 - Energy has to be conducted to the body
 - Interaction of the energy and the components of the body
 - Detection of the modified energy
 - Visualization of the detected pattern

DIAGNOSTIC IMAGING

clinical problem

consultation

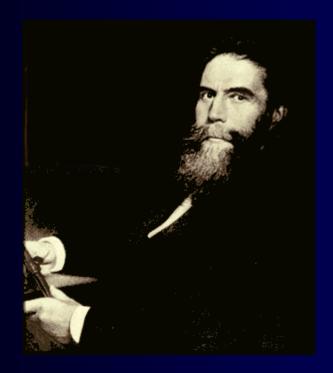
indication

examination

consultation

therapy

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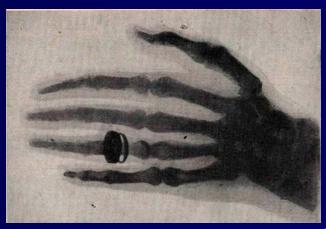


1895



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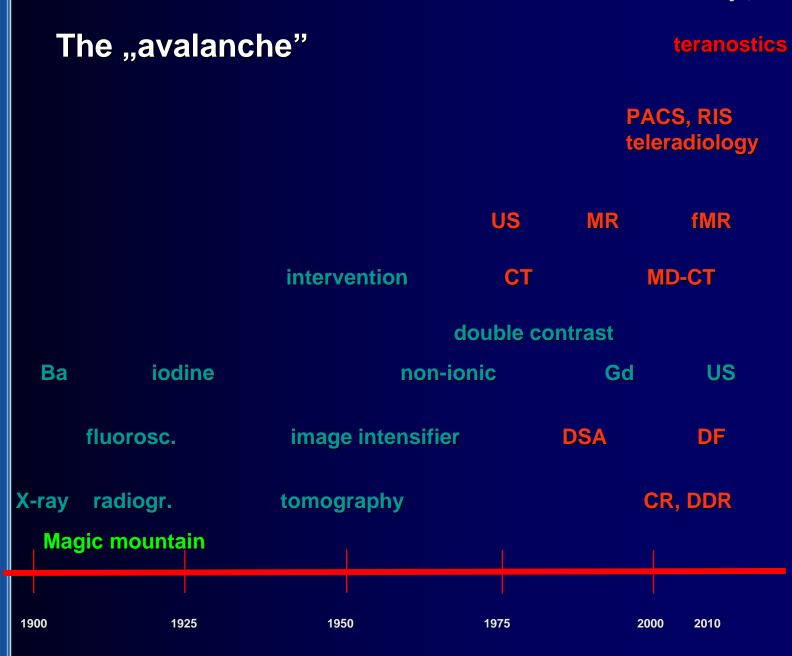




PNSIS UNIVERSITAS SCIENTIARUM SZEGEDI

DIAGNOSTIC IMAGING

• Roentgen:	x-ray	1895
• Cannon:	contrast material (bismuth)	1896
• Krause:	" (barium)	1904
• Graham:	brachial arteriography	1923
• ":	cholecystography	1923
• Swick:	i.v. pyelography	1928
• Donald:	ultrasound (sonar)	1950
• Seldinger:	catheter-technique	1953
• Hounsfield:	СТ	1967
• Lauterbur:	MR	1973



Trends of development

- full digital imaging
- "intelligent" equipments
- 3D, virtual reality, functional imaging
- genetically modified, molecular markers
- biologically specific contrast materials
- PACS, neural network, automatic image reading and interpretation



- fast, personalized, easily generated and interpretable information
- shorter way to diagnosis

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Trends of development



Star Trek - trikorder

Stagnation or progress?

Time to duplication of biological/medical knowledge

– 1975: 30 years

2000: 10 years

– 2025: ??

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Stagnation or progress?

Time to duplication of biological/medical knowledge

– 1975: 30 years

2000: 10 years

– 2025: ??



Thomas W. Lawson, 1902



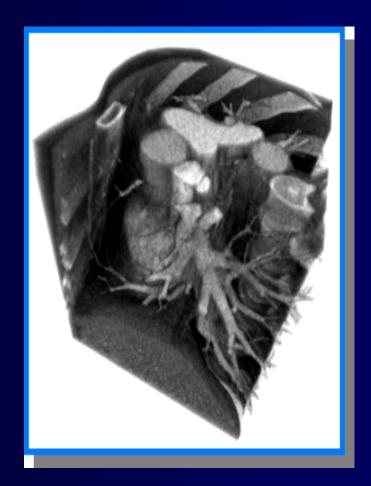
Clermont, 1807

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Where we are today?

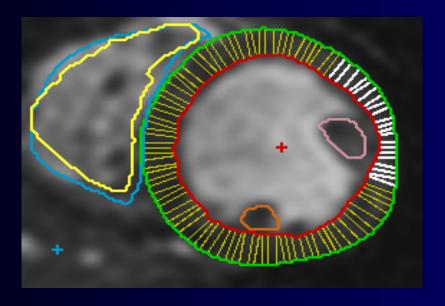
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Cardio-CT



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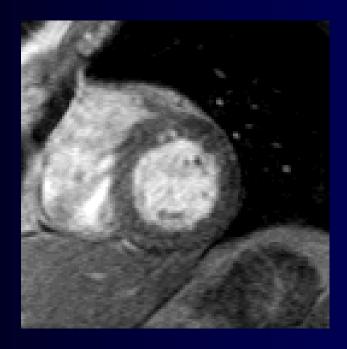
Cardio-MR

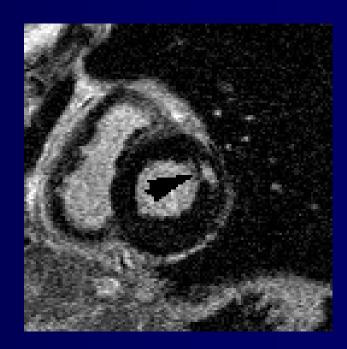




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Cardio-MR





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MR-phlebography

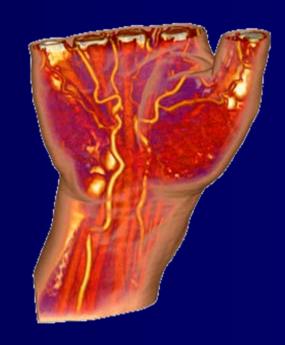


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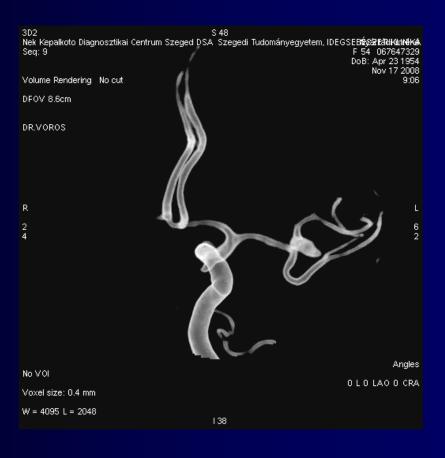


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ÖMÁNYEGYETEM UNIVERSITAS SCIENTIARUM

DSA



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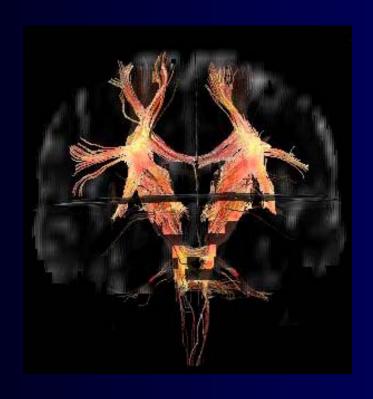


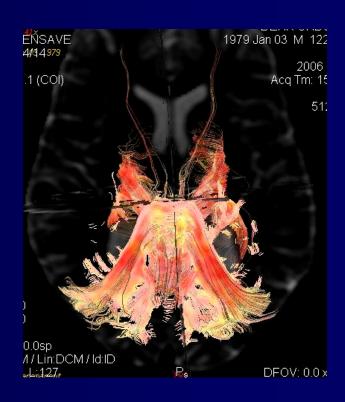




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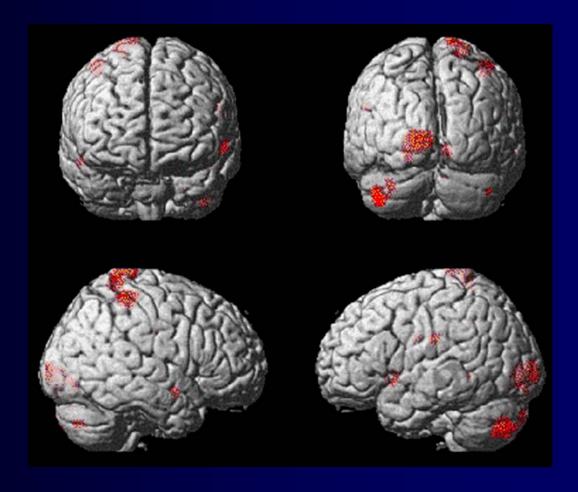
MR-tractography





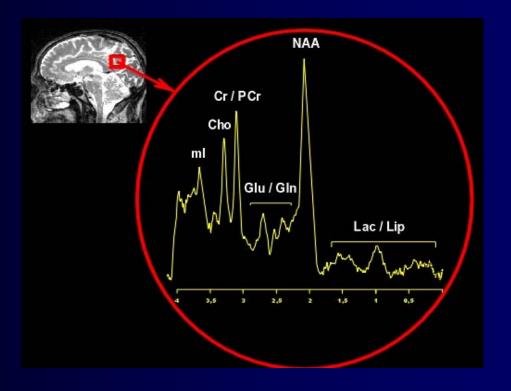
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Functional MRI



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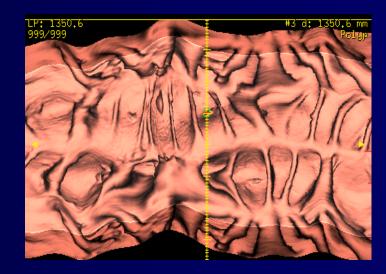
MR-spectroscopy



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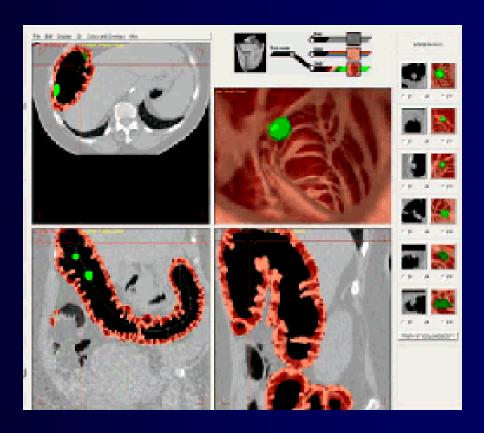
CT-endoscopy





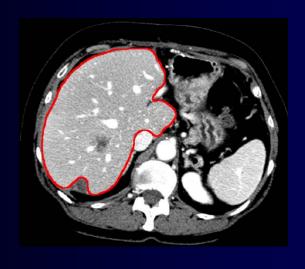
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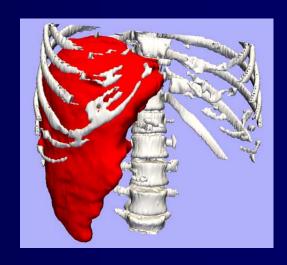
Computer-assisted detection

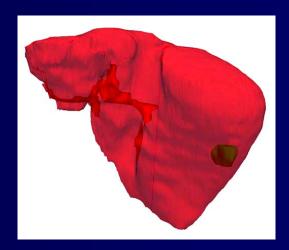


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Automatic segmentation

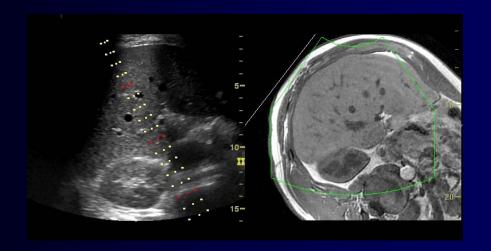


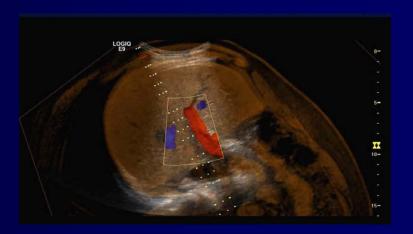




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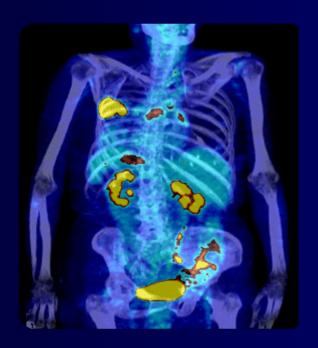
Hybrid imaging (UH - CT/MR)





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Hybrid imaging (PET/SPECT – CT/MR)



Dilemmas of development:

- is the application financeable?
 - high-tech = high cost ?
 - expensive = unnecessary ?
- are the results applicable in practice?
 - marketing or real need ?
- does it make sense?
 - does better sensitivity automatically bring better specificity?
 - does better imaging provide functional/cellular/molecular/genetical additional information?
 - does it result in better therapy/survival?
- will the development fragmentize radiology?

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Dilemmas of development:

lower back pain - MRI vs. acute abdomen - CT





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How can we separate the tailings from the wheat?



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How can we separate the tailings from the wheat?

- Prospective, randomized, multicentre study
- Evidence-based medicine
- Health technology assessment



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Eur Radiol (2008) 18: 457–467 DOI 10.1007/s00330-007-0716-9

HEPATOBILIARY-PANCREAS

Renate Hammerstingl Alexander Huppertz Josy Breuer Thomas Balzer Anthony Blakeborough Rick Carter Lluis Castells Fusté Gertraud Heinz-Peer Werner Judmaier Michael Laniado Riccardo M. Manfredi Didier G. Mathieu Dieter Müller Koenraad Mortelè Peter Reimer Maximilian F. Reiser Philip J. Robinson Kohkan Shamsi Michael Strotzer Matthias Taupitz Bernd Tombach Gianluca Valeri Bernhard E. van Beers Thomas J. Vogl For the European EOB-study group

Diagnostic efficacy of gadoxetic acid (Primovist)-enhanced MRI and spiral CT for a therapeutic strategy: comparison with intraoperative and histopathologic findings in focal liver lesions to identify changes in therapeutic management.

Materials and methods

The study was designed as a prospective, multicenter, open-label, within-patient comparison of the diagnostic performance of gadoxetic acid-enhanced MRI and Or in terms of detection and differential diagnosis of focal liver lesions with a corresponding blinded reading. The study was approved by a central ethics committee and the local ethics committee at each study center. All patients gave their written informed consent.

Patients with a age of at least 18 years, known or suspected focal liver lesions, who had been scheduled for CT, and liver surgery were included in the study. Exclusion criteria were previous injection of gadoxetic acid, any other investigational product (within 30 days prior to study entry), other contrast material within 24 h prior to or after administration of the study medication, and injection of any liver-specific agent within 2 weeks prior to the study. Also excluded were pregnant or lactating women, clinically unstable patients, patients scheduled for biopsy or liver surgery within 24 h post-administration of the study medication or patients with a known anaphylactoid or anaphylactic reaction to any other drug.

Patients

A total of 162 patients received a doxetic acid, of which 31 were recluded from the officery analysis due to a missing valid SOR for the whole liver (26 patients) and major protocol deviations (five patients). Thus, the data from the remaining 131 patients (78 male, 53 female; with a mean

flow velocity of 3–5 ml/s. The scans were obtained with 100–150 kV and 180–300 mAs using a slice thickness of 5–8 mm with a pitch of 1–2.

MRI

All centers had high-field-strength (1.0-1.5 Tesla) MRI systems and used a phased array surface coil covering the whole liver. Before contrast material administration. patients were imaged with a T2-weighted fast spin-echo (FSE)/ turbo spin-echo (TSE) sequence [≥3,000/90-120 (repetition time in ms/echo time in ms), matrix 192-256×256, slice thickness 5-8 mm, gap 0-2 mm], and a T1-weighted gradient recalled echo (GRE) sequence with chemically-selective fat suppression (FS) and without FS (100–200/4–8; flip angle, 70–80°) using a matrix of 160–192×256, slice thickness of 5–8 mm, gap 0–2 mm. Immediately after contrast material administration, dynamic imaging in the arterial, portal venous and equilibrium phase was performed using the T1-weighted GRE sequence without FS. Twenty minutes postinjection, the T1-weighted sequence with FS and the T2-weighted FSE/TSE sequence were repeated. For all sequences, field of view was adjusted as small as possible to include the abdomen only but not to exceed 400 mm.

Liver-specific MRI contrast agent

Gadoxetic acid (SH L 569 B, Gd-EOB-DTPA, Primovist), a liver-specific hepatocyte-directed MRI contrast agent, was obtained from Bayer Schering Pharma AG, Berlin, Germany [20, 21, 43]. All patients received 0.025 mmol/kg body weight (BW) dose of a 0.25 mol/l gadoxetic acid

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2-4 h as well as 20-28 h post injection and evaluated for clinically significant changes.

Efficacy evaluation

The primary efficacy parameter, lesion detection included the number, size, and segmental localization of lesions in the liver. Gd-EOB-DTPA MRI, and CT were evaluated separately. In the overall evaluation, Gd-EOB-DTPA MRI was compared with CT.

As a secondary variable, the performance of Gd-EOB-DTPA MRI and CT in the differential diagnosis of focal liver lesions was evaluated. This diagnosis was based on the lesion morphology, enhancement pattern, evaluation of dynamic parameters and tumor-vascular differentiation of the individual lesion. Lesion classification aimed at differentiating between benign, malignant or not assessable lesions. Lesion characterization referred to the specific lesion type.

Image evaluation was performed as an on-site assessment by one clinical investigator in each center. Separately an off-site assessment by three experienced and independent abdominal radiologists (M.L., D.G.M., P.J.R.), who were not involved in the clinical investigation and fully blinded to all patient-related information, was obtained. The blinded reading was performed in a core lab for digital image management.

Standard of reference (SOR)

The SOR was defined as the combination of histopathology for the resected part of the liver and intraoperative (IO) US for the non-resected segments. Surgical specimens

accurately as possible according to size and segmental localization using one section of the liver map. For each individual lesion the imaging maps were compared with the map of the SOR by an independent radiologist to verify the same location of the lesion in all the modalities (i.e., lesion tracking).

Change in surgical therapy

The planned surgical procedure was given at three different timepoints by the clinical investigators: before the MR imaging procedure, before contrast application on the basis of the unenhanced MR images and the Gd-EOB-DTPA MRI. The potential planned procedures were liver transplantation, hemihepatectomy, segmentectomy and atypical segmentectomy. The planned therapy was compared with the surgical procedure finally performed.

Statistical analysis

rite primary objective of the study was to calculate the sensitivity in lesion detection. Only lesions with the same location in the imaging procedure and the SOR were considered to be correctly detected. The alternative hypothesis tested in this study was that the sensitivity of a first (Gd-EOB-DTPA MRI) and a second test procedure (CT) positively differs verified by the SOR. The comparison of two test procedures, was then based upon differences between sensitivities of the two test procedures in the individual patient (paired differences). An adjusted χ^2 test, which takes into account the clustered nature of the data [23], i.e., multiple diagnostic observations within the same patient, was used for hypothesis testing at a 5%

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Table 1 Sensitivity of lesion detection for Gd-EOB-DTPA MRI and spiral CT

Diagnostic procedure	Reader	n^{a}	Sensitivity (%)	95% CI
Gd-EOB-DTPA MRI	Average reader	129	72.74	67.57, 77.91
	Reader 1	129	79.47	73.92, 85.02
	Reader 2	129	68.54	62.77, 74.31
	Reader 3	129	70.20	64.06, 76.34
Bi-phasic enhanced spiral CT	Average reader	126	70.59	64.96, 76.23
	Reader 1	126	76.09	70.37, 81.82
	Reader 2	126	70.71	64.25, 77.16
	Reader 3	126	64.98	58.71, 71.26

^aTotal number of patients with at least one SOR lesion

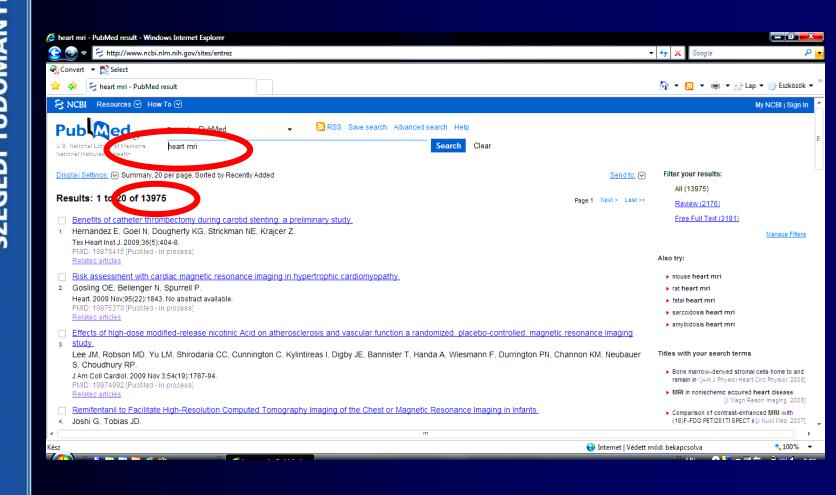
modalities and the correlation between different readers in different modalities were taken into account. In addition, the results of the single readers are displayed.

Since the majority of therapeutic options in the presence of focal liver lesions require information on a segmental level, an evaluation on this level was performed by assessing the involvement of liver segments by focal liver lesions. Sensitivity and specificity for "segment affected/not affected by lesion" were estimated in the common way:

$$sensitivity = \frac{number\ of\ true\ positive\ segments}{(number\ of\ true\ positive\ segments + number\ of\ false\ negative\ segments)}$$

$$specificity = \frac{number\ of\ true\ negative\ segments}{(number\ of\ true\ negative\ segments + number\ of\ false\ positive\ segments)}$$

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But if somebody does not like sweating, may try to sneak the climbing...

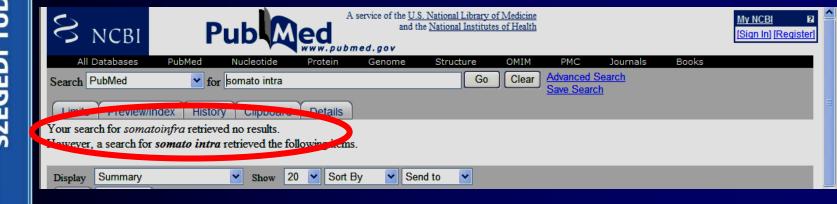


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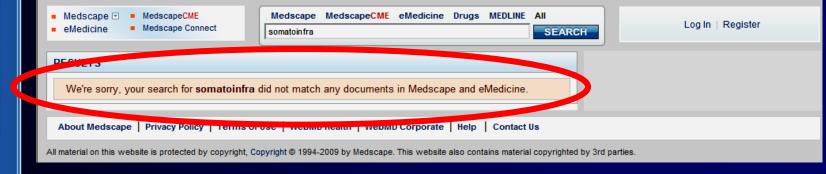
Somatoinfra

Publication ?!?

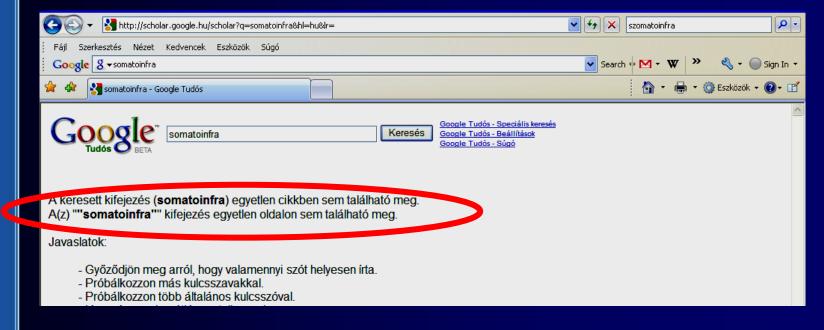
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Why is it a problem if we don't make our homework?

Moral considerations



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Why is it a problem if we don't make our homework?

Moral considerations



- Moral considerations
- Unethical money-making



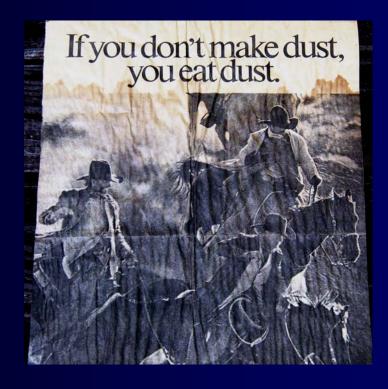
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- Moral considerations
- Unethical mency making



- Moral considerations
- Unothical money making
- We make the impression that the patient had undergone a relevant, well-established test, consequently he/she will
 - either undergo further, unnecessary, expensive, risky examinations (downstream effect),
 - or even worse will give rise to false sense of being diseasefree

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... but there are situations in which it is more righteous to eat some dust...

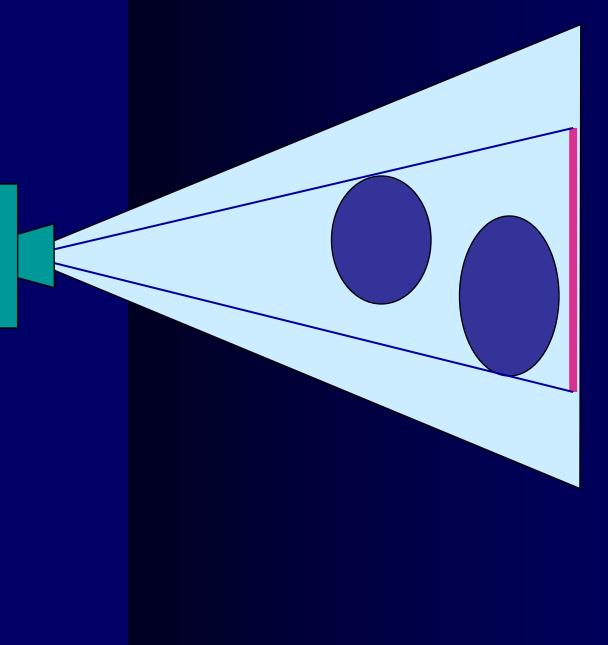
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Radiology lecture

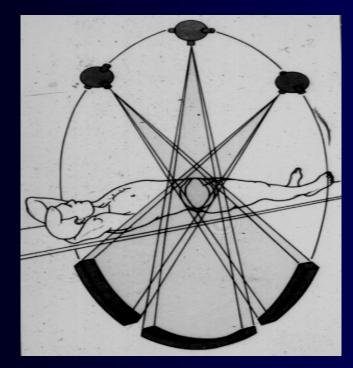
take it easy

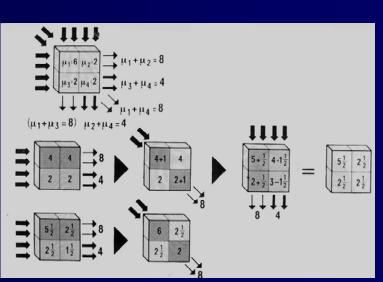
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Computed tomography

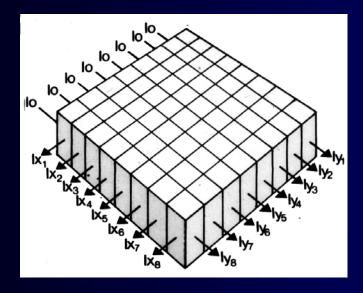


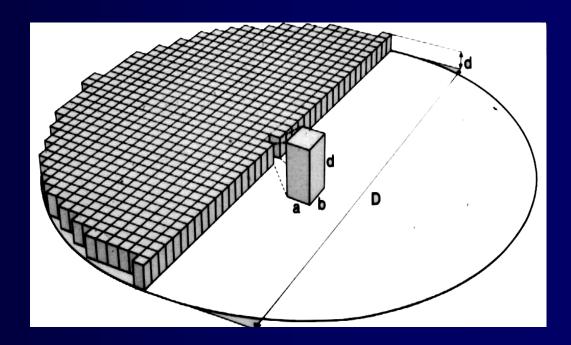


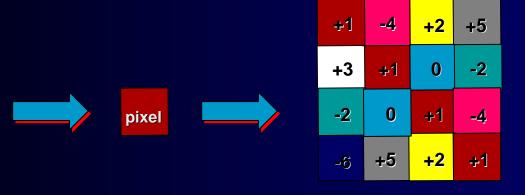


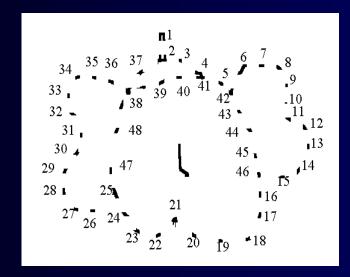


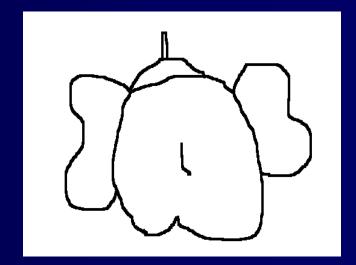
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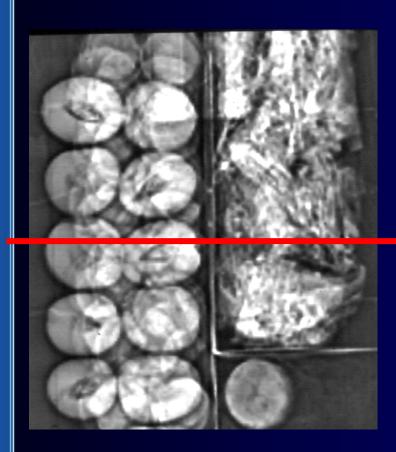


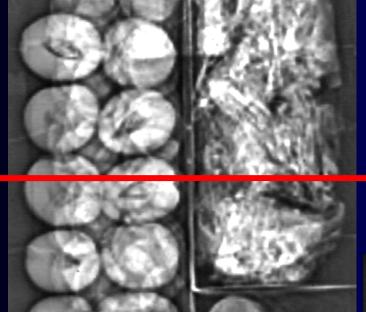


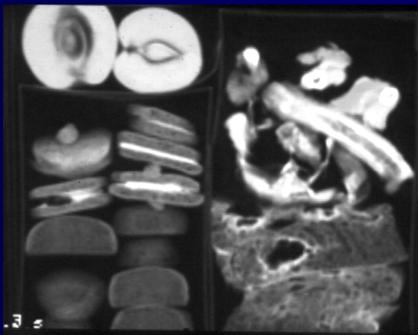




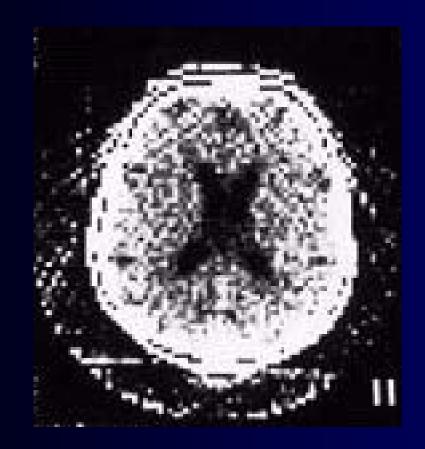




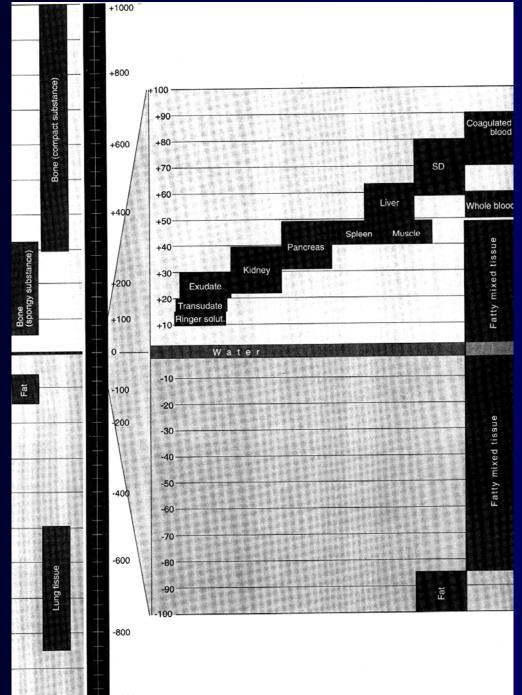




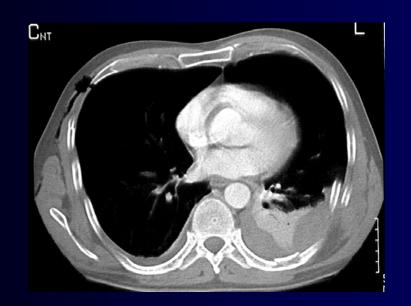
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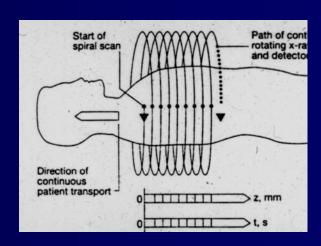


Helical CT

Continuous table feed & tube rotation

Continuous data acquisition

Volumetric data-set



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Multislice CT

- multislice (2 360 detector-rows)
- subsecond scan-time
- "ultrasound paradigm"



3D applications

- cardiologic applications
- "whole body" imaging
- virtual endoscopy



EURATOM directive: ALARA principle

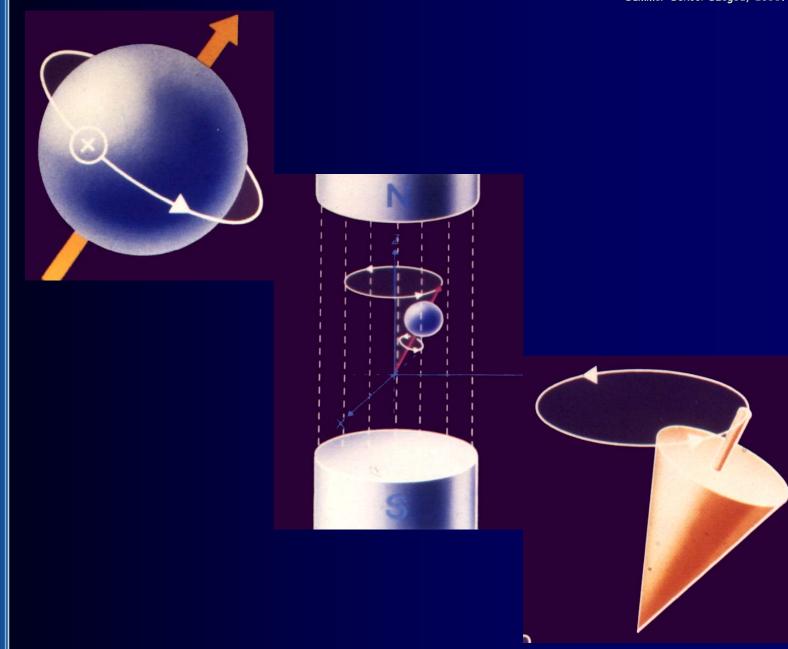




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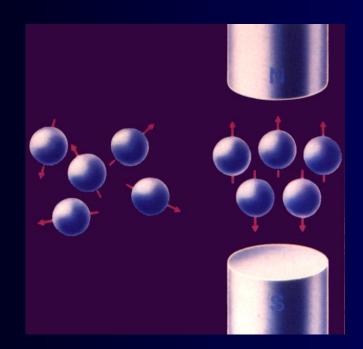
Magnetic resonance imaging

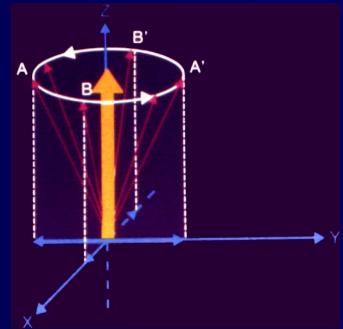
Lauterbur, Mansfield (1973) - Nobel-prize

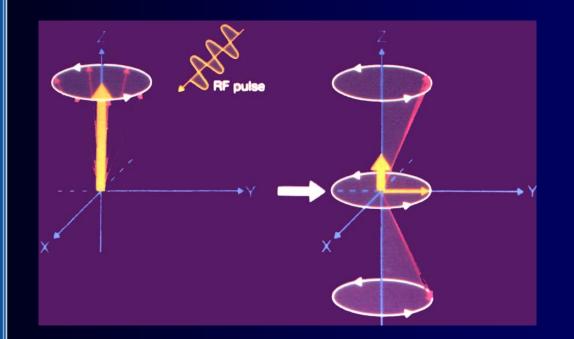


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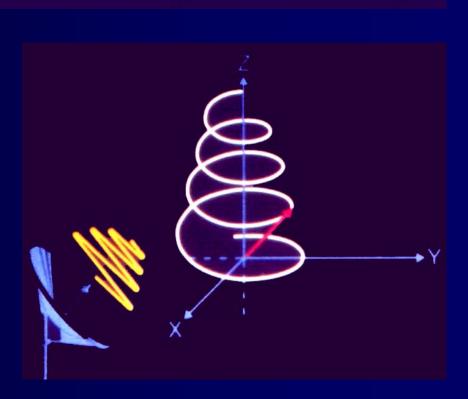




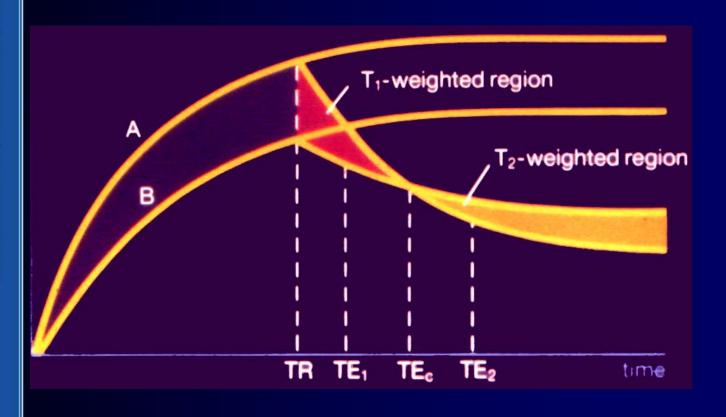




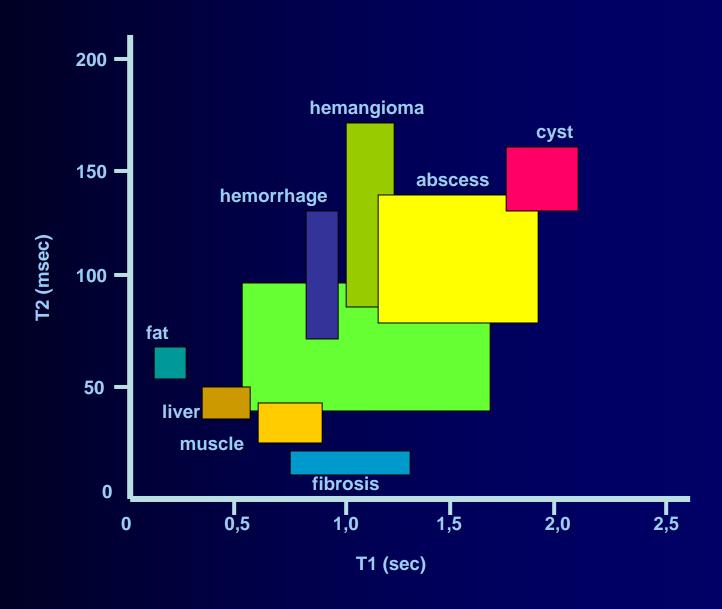








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Radiology seminar

case-based, problem-solving









Plain X-ray examination







Sonography





MR



Contrast media enhanced X-ray examination



Other methods



Diagnosis and discussion



Liver 01

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Summary

- Don't teach radiology teach what radiology is good for
- Teach for the future listen to research results
- Lecture you are the "added value"
- Practical/seminar clinically oriented

our kind attention

